

MSG Rhoden Galloway (Active)



"Adaptive reconditioning helped me get my life back together and learn to set and achieve goals."

Current Location:

Fort Sam Houston, Texas

MOS/Current Occupation:

68W5F (Combat Medic)

Warrior Transition Unit:

Warrior Transition Battalion, Fort Sam Houston, Texas

Hometown:

San Antonio, Texas

School(s):

Irving High School, Texas; Wayland Baptist University, Texas

Events training for:

Swimming, Cycling, Rowing, Sitting Volleyball

Injury or Illness:

Orthopedic



"The Invictus Games are my Olympics," said Master Sgt. Rhoden Galloway, who heads to London as part of the U.S. team to participate in these inaugural games for wounded, ill and injured service members representing 14 countries. A lifelong athlete, Galloway found adaptive sports and other activities as an outlet while he recovered from injuries sustained over multiple deployments at Warrior Transition Battalion (WTB), Fort Sam Houston, Texas.

Galloway found that swimming in particular helped him both physically and emotionally. As his recovery improved, so did his prowess in the pool. Encouragement from coaches and others at the WTB led him to register for the 2011 Warrior Games. Three Warrior Games later, Galloway is a 12-time medalist: five gold and seven silver.

After participating in three Warrior Games, Galloway and a handful of other wounded, ill and injured Soldiers and Veterans wanted to bridge the gap between participating in adaptive sports at the WTB and competing at the high level that Warrior Games demands. The team of Soldiers and Veterans wanted to prove that adaptive reconditioning can motivate wounded warriors to start to pick up the pieces and get their lives back on track, and came up with a program they dubbed SARP-Elite. "SARP-Elite is a program that really, truly works," he said. "It shows how sports are not just something for fun. Sports can lead to life after the military."

Adaptive sports and reconditioning activities inspired Galloway to help fellow wounded warriors, and after Invictus he will return to his role at WTB at Fort Sam Houston as a member of the Cadre. There, he hopes to continue to help wounded, ill and injured soldiers and veterans achieve their own personal goals as they recover and rehabilitate.

