

CPT William Reynolds (Veteran)



"Invictus Games is a chance to represent my country proudly."

Current Location:

Bethesda, Maryland

MOS/Current Occupation:

Senior Consultant, Deloitte

Warrior Transition Unit:

Walter Reed National Military Medical Center, Maryland

Hometown:

Rochester, New York

School(s):

United States Military Academy (BS); University of Rochester, New York (MPH, MBA)

Events training for:

Track, Swimming, Wheelchair Tennis, Sitting Volleyball

Injury or Illness:

Left knee disarticulation; left median and ulnar nerve damage



Retired U.S. Army Captain William Reynolds has met the challenges of his injury head on, and turned them into gold. Competing in the 2014 Warrior Trials in June at his alma mater, the United States Military Academy, Reynolds took home top honors in three cycling and track events, respectively: 30-kilometer and the 100-meter and 200-meter sprints. He looks forward to representing the United States at the Invictus Games because it gives him the chance to once again wear the uniform and colors of his country and "to represent it proudly overseas in a positive light."

Reynolds, an intercollegiate gymnast at West Point from 1998 to 2002, lost his left leg after an improvised explosive device detonated in Iraq, where he was serving as an infantry reconnaissance platoon leader.

"Adaptive sports, especially cycling, played a prominent role in my recovery and rehabilitation process," he said. "Adaptive activities help to keep me mentally and physically fit so that I can focus on the more challenging aspects of life."

Those challenges have included a successful transition from the military to civilian life. Following his two years of rehabilitation at Walter Reed National Military Medical Center and medical retirement from the Army in 2007, Reynolds went back to school. In 2010, he earned a Masters of Business Administration and a Masters in Public Health from the University of Rochester, New York, and now works as a consultant.

"Adaptive reconditioning has allowed me to regain confidence in my physical abilities and stature," he said. Reynolds trains in numerous sports, including track, swimming, cycling, wheelchair tennis and seated volleyball.

One of Reynolds's personal goals is to become indistinguishable [from others] as an amputee.