

SGT Erin Stewart (National Guard)



"Sports give me the confidence I need to succeed in life."

Current Location:

Fort Riley, Kansas

MOS/Current Occupation:

1107th Theater Aviation Sustainment Maintenance Group

Warrior Transition Unit:

Warrior Transition Battalion, Fort Riley, Kansas

Hometown:

Springfield, Missouri

School(s):

Home schooled

Events training for:

Swimming, Cycling, Rowing, Wheelchair Rugby

Injury or Illness:

Back, right shoulder, sciatica, migraines, multiple bulging discs, winged scapula with rotator cuff tear



For Sgt. Erin Stewart, adaptive reconditioning activities like sports are life changing. "It gives me something positive to focus on, and teaches me things I can do, instead of all the things I can't," she said. Sgt. Stewart discovered the power of sports as she recovered at the Warrior Transition Battalion (WTB) at Fort Riley, Kansas. "Sports give me the confidence I need to succeed in life," she added.

While participating in athletic activities at the WTB proved beneficial to her recovery, Sgt. Stewart also demonstrated natural talent. After proving her abilities at the 2014 U.S. Army Warrior Trials in June, she moves on to compete in swimming, recumbent cycling, rowing and wheelchair rugby in this year's inaugural Invictus Games in London.



"It is a great honor to represent the country I love so much," said Sgt. Stewart. "It was a childhood dream of mine to go to the Olympics. Now being able to participate for the honor of my country is a dream come true. "