

2014 ARMY WARRIOR GAMES ATHLETE

NAME

Kadina Baldwin

RANK

Sergeant

STATUS

Active

WARRIOR TRANSITION UNIT

Warrior Transition Battalion,
Fort Campbell, Kentucky

FORMER UNIT

101st Airborne Division, Air Assault,
Fort Campbell, Kentucky

HOMETOWN

Columbus, Georgia

SCHOOL(S)

Westover High School, Fayetteville,
North Carolina; Winston-Salem State
University, North Carolina (BS);
Nashville Institute, Tennessee

INJURY OR ILLNESS

Lower back

LOCATION AND DATE OF INJURY OR ILLNESS

Fort Stewart, Georgia, 2011

EVENT(S)

Sitting Volleyball, Wheelchair
Basketball, Field



Sgt. **Kadina Baldwin** found a way to participate in her favorite sports in her post-injury life thanks to her Warrior Transition Battalion (WTB). “I started wheelchair basketball (WCB) in October at the WTB as part of adaptive reconditioning program. I like WCB, because I can’t play regular basketball anymore. This is my substitute,” said Baldwin. “I also played volleyball in high school. Sitting volleyball is the same sport with a few adjustments. It’s fun and different.”

Along with wheelchair basketball and volleyball, Baldwin has also picked up shot put, discus and the 50m freestyle swim. “Having coaches for each sport really helped,” said Baldwin at the 2014 Warrior Trials, where she took home three medals. “No matter what happens, I still came away from the trials learning a lot in each of my events.”

“I love the adaptive reconditioning program. I don’t know where I would be without it. I’m just excited to be here and I feel honored,” added Baldwin.

Beyond sports, Baldwin is building on her education. She is attending the Nashville Institute to learn video production and intends to get her masters in the next five years.



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