

# 2014 ARMY WARRIOR GAMES ATHLETE

## NAME

Jessica Brennan

## RANK

Sergeant

## STATUS

Active

## WARRIOR TRANSITION UNIT

Warrior Transition Battalion,  
Fort Gordon, Georgia

## HOMETOWN

Colorado Springs, Colorado

## CURRENT LOCATION

Fort Gordon, Georgia

## SCHOOL(S)

Rampart High School, Colorado Springs,  
Colorado; American Military University

## INJURY OR ILLNESS

Lower back injury

## LOCATION AND DATE OF INJURY OR ILLNESS

Germany, 2010

## EVENT(S)

Field, Archery



If it's a sport—be it on land or in the water—Sgt. **Jessica Brennan** is probably focusing all her energy into mastering it. “I've been working on archery, swimming, discus, shot put, cycling... I've got all my eggs in every basket,” Brennan stated proudly. “I've always been a sports person, starting with tee-ball as a kid. The adaptive sports program is getting me into whole new arenas. Essentially, the Warrior Transition Unit showed me what they have, and I said I wanted to do everything.”

Brennan was involved in a car accident in Germany that injured her lower spine. Now she is stationed at the Warrior Transition Battalion at Fort Gordon, Georgia, where she was introduced to the adaptive reconditioning program and began her journey to gold.

“I chose to do adaptive sports because athletic activities are the only outlet I know that keep me going,” said Brennan, now competing in her first Warrior Games. “Now, not too many months later, I hope to place first, second or third in every event I compete in and to win the ultimate cup.”

That victory perspective is fueled by a strong support system. “We have a great atmosphere here, and the coaches and trainers are awesome. I know that being around positive people brings a positive outcome.”



***“I CHOSE TO DO ADAPTIVE SPORTS  
BECAUSE IT KEEPS ME FOCUSED AND MAKES  
MY BACK NOT BE IN PAIN ANYMORE.”***

