

# 2014 ARMY WARRIOR GAMES ATHLETE

## NAME

Rhoden Galloway

## RANK

Master Sergeant

## STATUS

Active

## MOS

68W5F (Combat Medic)

## FORMER WARRIOR TRANSITION UNIT

Warrior Transition Battalion,  
Fort Sam Houston, Texas

## CURRENT UNIT

Joint Base San Antonio

## HOMETOWN

San Antonio, Texas

## CURRENT LOCATION

San Antonio, Texas

## SCHOOL(S)

Irving High School, Texas;  
Wayland Baptist University, Texas

## INJURY OR ILLNESS

Arthritis, dislocated disks in  
neck and back

## LOCATION AND DATE OF INJURY OR ILLNESS

Multiple dates

## EVENT(S)

Swimming, Shooting



“Sports can lead to life after the military. It’s not just something for fun,” said Master Sgt. **Rhoden Galloway**, who heads to Colorado Springs, Colorado, as part of the Army team at the 2014 Warrior Games. A lifelong athlete, Galloway participated in adaptive sports and other activities as an outlet while he recovered at the Warrior Transition Battalion (WTB) at Fort Sam Houston, Texas from injuries sustained over multiple deployments.

Galloway found that swimming in particular helped him physically and emotionally. As his recovery improved, so did his prowess in the pool. Encouragement from coaches and others at the WTB led him to register for the 2011 Warrior Games. Three Warrior Games later, Galloway is a 12-time medalist: five gold and seven silver.

After participating in three Warrior Games, Galloway and a handful of other wounded, ill and injured Soldiers and Veterans wanted to bridge the gap between participating in adaptive sports at the WTB and competing at the high level that Warrior Games demands. The team of Soldiers and Veterans wanted to prove that adaptive reconditioning can motivate wounded warriors to start to pick up the pieces and get their lives back on track, and came up with a program called the Soldier Athlete Reconditioning Program, or SARP-Elite. “SARP-Elite is a program that really, truly works,” he said.

Adaptive sports and reconditioning activities inspired Galloway to help fellow wounded warriors, and after Warrior Games he will return to his role at the WTB at Fort Sam Houston as a member of the Cadre. There, he hopes to continue to help wounded, ill and injured Soldiers and Veterans achieve their own personal goals as they recover and rehabilitate.



***“ADAPTIVE RECONDITIONING HELPED ME GET MY LIFE BACK TOGETHER AND LEARN TO SET AND ACHIEVE GOALS.”***

