

2015 ARMY WARRIOR GAMES ATHLETE

NAME

Zedrik Pitts

RANK

Sergeant

STATUS

Reserves

FORMER WARRIOR TRANSITION UNIT

Warrior Transition Battalion,
Fort Bliss, Texas

HOMETOWN

Birmingham, Alabama

CURRENT LOCATION

Birmingham, Alabama

SCHOOL(S)

Southern High School,
Baltimore, Maryland

INJURY OR ILLNESS

Grave's disease

LOCATION AND DATE OF INJURY OR ILLNESS

2013

EVENT(S)

Track, Cycling



Sgt. Zedrik Veshaun Pitts enlisted in the U.S. Army Reserves in 2006, following his father, who still serves, into the service. During a mobilization for Operation Enduring Freedom in December 2013, Sgt. Pitts was diagnosed with Grave's disease, which is an auto-immune disorder that results in over production of thyroid hormones leaving one extremely hypertensive, weak, slow to heal, and with many other issues.

Sgt. Pitts said that the most challenging aspects of his illness was that he had suffered compound hernias in his left arm and his endurance took a turn for the worst. With help from doctors at the Fort Bliss Warrior Transition Battalion, Sgt. Pitts was able to slowly increase his endurance and used the available adaptive sports cycling program to slowly improve his strength. He hopes that the current medical support will soon stabilize his condition permanently and allow him to become an officer after he graduates for the University of Alabama. In the meantime, Sgt. Pitts plans to use adaptive sports as an alternative remedy to improve his overall well-being for his entire lifetime.

